

## Steps To Becoming an AHA Instructor - 2015 Guidelines - Updated February 2020

Key Medical Resources (KMR) ACLS or PALS Terry Rudd – [educate100@aol.com](mailto:educate100@aol.com) BLS Katie Wellins – Katie [Wellins@msn.com](mailto:Wellins@msn.com)  
Each instructor training and course is \$400 Instructor candidates taking a 2nd or 3<sup>rd</sup> discipline will receive a \$50 discount

### Follow these steps to become an AHA Instructor:

1. Have a current PROVIDER card in the discipline (i.e., ACLS, BLS, PALS, PEARS Heartsaver) you are requesting to teach.
2. Approval to align with an authorized American Heart Association Training Center that is accepting new instructors. An instructor candidate must have a training center willing to let them align to take the instructor course. Training Centers are at [www.heart.org/eccclassconnector](http://www.heart.org/eccclassconnector). **An individual must meet/talk with Terry Rudd to determine whether you may align with Key Medical Resources, Inc. TC ID CA20801.** Contact Terry at (951) 520-3116 or [educate100@aol.com](mailto:educate100@aol.com)
3. Have the appropriate credentials/license/experience to teach the level.

BLS instructor requires at least 18 years of age with a current BLS Healthcare provider card, American Heart Association

### **4. Attend an instructor course (1 day) with instructor package in hand. (may be available for purchase from Key Medical or [www.worldpoint.com](http://www.worldpoint.com))**

5. Complete an Instructor Candidate Application with Training Center alignment established and approved.
6. Observe and participate in an actual course with a Regional Faculty or Training Center Faculty Person
  - a. BLS Provider American Heart Association
  - a. ACLS and PALS (provider and update/renewal)

### **(Contact JC Monticone to arrange a 1:1 in the office of course skills and monitoring preparation.)**

7. Successful monitoring assisting with teaching at a course or any additional courses as required by the instructor and/or training center.

Once these requirements are met, your completed paperwork will be sent to the training center that you will be aligned. The aligned training center provides the approval for you as an instructor and will generate the instructor card per training center protocols. **Alignment request is obtained through [ahainstructornetwork.org](http://ahainstructornetwork.org) after requirements are complete.** To align with Key Medical Resources, Inc. (CA20801) approval and acknowledgement must be given by Terry Rudd. You may be aligned with another training center to take the instructor training. Signed form required by that training center.

### *Instructor Requirements*

An AHA Instructor Course teaches the methods needed to effectively instruct others in resuscitation courses. The AHA requires that Instructors be at least 18 years of age for Heartsaver Instructor and BLS Instructor courses. ACLS and PALS Instructors must be at least 18 years of age and licensed or certified in a healthcare occupation where such skills are within the provider scope of practice. For Key Medical, MD, DO, PA, RN, RCP, Paramedic (AHA Program Administration Manual, Latest Version).

#### **Instructor Course Completion:** Instructor candidates must demonstrate

- ✓ Satisfactory performance of the skills listed in the Course Instructor Handbook for the course.
- ✓ A thorough knowledge of course organization; course content, including appropriate BLS skills; Instructor responsibilities; and the AHA guidelines for the specific discipline.

#### **Instructor Card Issuance Requirements**

Instructor status is granted after an Instructor candidate successfully completes the Instructor Course and meets the following requirements:

- ✓ **Within 6 months of successfully completing the Instructor Course**, the candidate successfully demonstrates his or her teaching skills while being monitored during a Provider or Provider Renewal Course. TCF can extend the time requirement to 1 year if there are extenuating circumstances.
- ✓ Aligns with a TC, which issues the Instructor card.

Revised February 2020 - Please note: An alignment fee may apply. All prices are subject to change.

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<b>BLS Instructor 2015 Guidelines Course Costs - as of May 2017</b>			
<b>Before Instructor Class</b>	<b>In Hand During Instructor Class</b>	<b>After Class</b>	<b>Equipment Needed to Teach</b>
Register for Instructor Course <a href="http://www.cprclassroom.com">www.cprclassroom.com</a>	Instructor Course Fee <b>\$400</b>	Observe and participate in Provider course (s) (BLS HCP)	Ability to project or watch DVD for all students to see.
<u>Before Class</u> 1. Complete BLS Instructor Essentials Online - \$34 2. <b>ITEM #15-1420</b> <a href="http://onlineaha.org">onlineaha.org</a> Use Course Finder Wizard 3. <b>Current BLS Healthcare Provider Card American Heart Association</b> 4. <b>Instructor notebook</b> <u>Basic Life Support (BLS) Instructor Package</u> Item: <u>15-1077</u> Format: Instructor manual/package Audience: Instructor Unit Price: <b>\$130.00 from Key Medical, \$120.00 from vendor</b> <ul style="list-style-type: none"> <li>• Provider book, Instructor book,</li> <li>• Course DVD</li> </ul> *Note: Other instructor packages will need to be purchased to teach the Heartsaver, First Aid and other AHA Products		Observe and participate in Provider Course course(s) (BLS)	<ul style="list-style-type: none"> <li>• Instructor Package</li> <li>• Alignment Fee None at this time. Subject to change.</li> <li>• Each student needs current book in hand <b>\$15 each</b></li> <li>• Card Fee <b>\$10 per card fee to Key Medical</b></li> </ul>
Current BLS HCP or BLS Provider Card	Current BLS HCP or BLS Provider Card Bring card for copying.	Successful monitoring: <ul style="list-style-type: none"> <li>• Key Medical Training Center Faculty in the office And 1 or more BLS course(s).</li> </ul> Send paperwork to Terry Rudd	DVD player and monitor or screen large enough for all students to view
Arrange alignment with AHA training center. If with Key Medical must meet with Terry Rudd first. Helpful to register for instructor orientation at <a href="http://www.cprclassroom.com">www.cprclassroom.com</a>	Alignment verification with an AHA Training Center. <ul style="list-style-type: none"> <li>• If with other Training Center form will need to be signed by that training center allowing you to align.</li> <li>• Permission with KMR from Terry Rudd</li> </ul>	When all complete request to align with Key Medical (If prior arranged) or completed paper work will be sent to your Training Center	<ul style="list-style-type: none"> <li>• AED trainer with adult and pediatric pads <b>\$150 - \$500</b></li> <li>• Manikins (adult/infant) At least one with rate monitor <b>\$500-\$800</b></li> <li>• Disposable mouth piece for each student <b>About \$1 each or less</b></li> <li>• Pocket mask <b>\$10-\$20</b></li> <li>• Bag-mask device Adult, Infant <b>\$16 ea</b></li> <li>• Manikin cleaning supplies</li> </ul>
Please note: BLS Provider Instructor also includes the Heartsaver Courses. These courses each have their own Instructor Packages, Essentials and Textbooks which would incur additional fees and materials. 2015 Guidelines Heartsaver now available. See <a href="http://www.worldpoint.com">www.worldpoint.com</a>			

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## Steps To Becoming an AHA Instructor - 2015 Guidelines - Updated February 2020

<b>ACLS Instructor 2015 Guidelines - as of February 2020</b>			
<b>Before Instructor Class</b>	<b>In Hand During Instructor Class</b>	<b>After Class</b>	<b>Equipment Needed to Teach</b>
Register for Instructor Course <a href="http://www.cprclassroom.com">www.cprclassroom.com</a>	Instructor Course Fee <b>\$400</b>	Observe and participate in Provider course (s) (ACLS)	Ability to project or watch DVD for all students to see.
<b>Before Class:</b> 1. Complete ACLS Instructor Essentials Online - \$34 <b>ITEM #15- 1419 <a href="http://onlineaha.org">onlineaha.org</a> Use Course Finder Wizard</b> 2. <b>Current AHA ACLS Provider Card American Heart Association</b> 3. <b>Instructor manual</b> 4. Credentials to teach this level of course: MD, DO, PA, RN, RCP, Paramedic Advanced Cardiovascular Life Support (ACLS) Instructor Package Item: 15-1006 Format: Instructor manual/package Unit Price: <b>\$212.00</b> ■ Provider book, Instructor book, Course DVD		Observe and participate in Update course (s) (ACLS)	<ul style="list-style-type: none"> <li>● Instructor Package</li> <li>● Alignment Fee None at this time. Subject to change.</li> <li>● Each student needs current book in hand <b>\$36.95 Tax and Shipping apply</b></li> <li>● Card Fee <b>\$15 per card fee to Key Medical</b></li> </ul>
<ul style="list-style-type: none"> <li>● Current ACLS Provider Card</li> <li>● RN, RCP, Paramedic, PA, MD, or DO</li> </ul>	Current ACLS Provider Card Bring card for copying. Professional License (RN, RCP, Paramedic, PA, MD or DO)	Successful monitoring: <ul style="list-style-type: none"> <li>● Key Medical Training Center Faculty in the office</li> <li>● And in 1 or more ACLS course(s).</li> </ul> Send paperwork to Terry Rudd	DVD player and monitor or screen large enough for all students to view
Arrange alignment with AHA training center. If with Key Medical must meet with Terry Rudd first. Helpful to register for instructor orientation at <a href="http://www.cprclassroom.com">www.cprclassroom.com</a>	Alignment verification with an AHA Training Center. <ul style="list-style-type: none"> <li>● If with other Training Center form will need to be signed by that training center allowing you to align.</li> <li>● Permission with KMR from Terry Rudd</li> </ul>	When all complete request to align with Key Medical (If prior arranged) or completed paper work will be sent to your Training Center	<ul style="list-style-type: none"> <li>● AED trainer with adult pads <b>\$150 - \$500</b></li> <li>● Manikins (adult) <b>\$300 - \$500 At least one with rate monitor</b></li> <li>● Disposable mouth piece for each student <b>About \$1 each or less</b></li> <li>● Pocket mask <b>\$10-\$20</b></li> <li>● Adult Airway (costs vary) Bag-mask, reservoir, tubing Adult, Nonrebreathing mask, Waveform capnography, oropharyngeal airway, nasopharyngeal airway</li> <li>● Monitor/defibrillator (costs vary) ECG Simulator generator, Electrodes</li> <li>● Manikin cleaning supplies</li> </ul>

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## Steps To Becoming an AHA Instructor - 2015 Guidelines - Updated February 2020

<b>PALS Instructor 2015 Guidelines - as of February 2020</b>			
<b>Before Instructor Class</b>	<b>In Hand During Instructor Class</b>	<b>After Class</b>	<b>Equipment Needed to Teach</b>
Register for Instructor Course <a href="http://www.cprclassroom.com">www.cprclassroom.com</a>	Instructor Course Fee <b>\$400</b>	Observe and participate in Provider course (s) (ACLS)	Ability to project or watch DVD for all students to see.
<u>Before Class</u> 1. Complete PALS Instructor Essentials Online - \$34 <b>ITEM #15-1417 onlineaha.org Use Course Finder Wizard</b> 2. Current PALS Provider Card American Heart Association 3. Medical License eligible to teach the class. See Below Pediatric Advanced Life Support (PALS) Instructor Package Item: 15-1048 Format: Instructor manual/package Audience: Instructor Unit Price: <b>\$212.00</b> <ul style="list-style-type: none"> <li>Provider book, Instructor book, Course DVD</li> </ul>		Observe and participate in Update course (s) (ACLS)	<ul style="list-style-type: none"> <li>Instructor Package</li> <li>Alignment Fee None at this time. Subject to change.</li> <li>Each student needs current book in hand  <b>PALS Provider Book 2015 Guidelines 15-1058</b>  <b>Key Medical \$50 each Online \$42.50</b>  <b>ebook 15-3122 \$46.25</b></li> <li>Card Fee  <b>\$15 per card fee to Key Medical</b></li> </ul>
<ul style="list-style-type: none"> <li>Current PALS Provider Card</li> <li>RN, RCP, Paramedic, PA, MD, or DO</li> </ul>	Current PALS Provider Card Bring card for copying. Professional License (RN, RCP, Paramedic, PA, MD or DO)	Successful monitoring: <ul style="list-style-type: none"> <li>Key Medical Training Center Faculty in the office and in 1 or more PALS course(s).</li> </ul> Send paperwork to Terry Rudd	DVD player and monitor or screen large enough for all students to view
Arrange alignment with AHA training center. If with Key Medical must meet with Terry Rudd first. Helpful to register for instructor orientation at <a href="http://www.cprclassroom.com">www.cprclassroom.com</a>	Alignment verification with an AHA Training Center. <ul style="list-style-type: none"> <li>If with other Training Center form will need to be signed by that training center allowing you to align.</li> <li>Permission with KMR from Terry Rudd</li> </ul>	When all complete request to align with Key Medical (If prior arranged) or completed paperwork will be sent to your Training Center	<ul style="list-style-type: none"> <li>AED trainer with adult/child pads <b>\$150 - \$500</b></li> <li>Manikins (child, infant) <b>\$300 - \$500</b></li> <li>Disposable mouth piece for each student <b>About \$1</b></li> <li>Pocket mask child and infant <b>\$10-\$20</b></li> <li>Child/infant intubation head or airway manikin (costs vary) Bag-mask, reservoir, tubing infant, child, Nonrebreathing mask, exhaled CO2 detector, tube holder, stethoscope, towel, oropharyngeal airway, , nasal cannula, oxygen mask, suction catheters.</li> <li>Monitor/defibrillator (costs vary) ECG Simulator generator, Electrodes</li> <li>fluid bag, 3 way stopcock, syringe, color coded length based tape, IO needles, IO manikin or simulator</li> <li>Manikin cleaning supplies</li> </ul>

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